



PRIVATE
FAMILY
BLUEPRINT

Helping Families STOP Starting Over.

The FAMILY PROTECTION SNAPSHOT™

Life Insurance Needs Worksheet

Life insurance is more than a death benefit—it's a bridge of love and stability for your family. This snapshot helps you identify potential needs, gaps, and opportunities so you can make informed decisions with confidence. ❤️

SCHEDULE YOUR
30-MINUTE REVIEW



Understanding your FEGLI:
Coverage Review

1 ABOUT YOU



Name: _____
Agency/Employer: _____
Date: _____
Spouse/Partner Name: _____
Number of Dependents: _____ Ages: _____

2 INCOME SNAPSHOT



Annual Household Income (Before Tax): \$ _____
Monthly Take-Home Pay: \$ _____
If a primary income earner were no longer here,
how would this impact your family? _____

3 IMMEDIATE EXPENSES

What would need to be covered right away?

Final Expenses (funeral, burial, etc.) \$ _____
Outstanding Medical Bills \$ _____
Credit Cards / Personal Loans \$ _____
Auto Loans / Leases \$ _____
Other Immediate Expenses \$ _____

TOTAL IMMEDIATE EXPENSES \$ _____

4 ONGOING FINANCIAL NEEDS

What ongoing monthly or annual expenses
would your family need to maintain?

Housing (mortgage/rent) \$ _____ /mo
Education (tuition, college) \$ _____ /mo
Daily Living (food, utilities, transportation) \$ _____ /mo
Health Insurance (medical, dental, vision) \$ _____ /mo
Childcare / Activities \$ _____ /mo
Support for Aging Parents \$ _____ /mo
Other \$ _____ /mo

TOTAL MONTHLY NEEDS \$ _____

For how many years would
your family need this support?

☐ 1–5 years ☐ 6–10 years ☐ 11–20 years ☐ 20+ years

Why did you choose this timeframe? _____

5 EXISTING COVERAGE

List your current life insurance
and benefits.

TYPE OF COVERAGE	AMOUNT
FEGLI Basic	\$ _____
FEGLI Option A	\$ _____
FEGLI Option B	\$ _____
FEGLI Option C	\$ _____
TSP / Retirement Benefits	\$ _____
Employer Life Insurance	\$ _____
Individual Life Insurance	\$ _____
Other (Specify)	\$ _____
	\$ _____
	\$ _____
	\$ _____
TOTAL EXISTING COVERAGE	\$ _____

6 POTENTIAL GAP

Your Estimated Need (Immediate + Ongoing)

\$ _____

Less: Total Existing Coverage

\$ _____

POTENTIAL GAP \$ _____

A gap isn't always a problem.
A plan is the solution.

7 WHAT MATTERS MOST?

Check your top priorities.

- ☐ Provide for my spouse / partner
- ☐ Provide for my children
- ☐ Pay for college or education
- ☐ Keep our home safe
- ☐ Support aging parents
- ☐ Leave a legacy / build wealth
- ☐ Other: _____



What worries you most about
your family's financial future?

8 YOUR NEXT STEP

What action will you take after completing this worksheet?

- ☐ Review my current FEGLI coverage. _____
- ☐ Explore additional protection options for my family. _____
- ☐ Update my beneficiaries. _____
- ☐ Schedule my 30-minute review to discuss my plan. _____
- ☐ Other: _____



Protection today.
Peace of mind
tomorrow.



Love is showing
up—today.



IMPORTANT REMINDERS

- Life insurance needs change over time—review this snapshot annually.
- Coordinate your life insurance with your estate plan and beneficiaries.
- This worksheet provides estimates, not guarantees or recommendations.

DID YOU KNOW?

Most families overestimate how much life insurance they have—and underestimate how much they actually need. ❤️

QUESTIONS?

I'm here to help you understand your options so you can make confident, informed decisions for your family.



PRIVATE FAMILY BLUEPRINT
Teaching families to make confident financial
decisions before life forces difficult ones.



We believe families make their best
financial decisions when someone
takes the time to teach—not sell.

Private Family Blueprint
Educational Series

WORKSHEET 003